What’s covered on the exam?

Good courses build their assessments (assignments, quizzes, exams, projects) on lesson and course objectives.

Read the objectives to make sure you know what the assessments will cover. By engaging with the content and asking yourself questions as you read and study, the material will more likely stick in your brain:

- Do I understand what I am reading? Can I put it in my own words?
- How does what I am reading relate to the lesson objectives?
- How can I relate what I am reading to stuff I already know?
- How would I describe what I’m reading to someone else?
- Can I illustrate this material in a visual way - like a chart, a drawing, a table or diagram?
- What questions do I have that would help me understand the material better?
When should I start studying?

Practice soon after class and don’t wait too long before reviewing again.

**Plan**
Schedule for study and practice just like you would for meal or gym workouts. Then stick to it!

**Take a Break**
Review information from each class, and get a good night’s sleep before you review.

**Practice**
Take a practice test, use flashcards, pair up with a friend. Help each other or quiz yourself.

**Mix it Up!**
Studying more than one topic per study session helps you retain knowledge.

**Make your Brain Work!**
Don’t just re-read your notes - this won’t stick! Instead, practice retrieving important concepts from memory. Go back and review material you can’t remember or have questions about and repeat.
What is the best way to take notes?

Taking good notes will improve your recall and deepen your understanding of any topic.

**COURSE CONTENT**
(books, web material, video instruction, lectures) + **ACTIVE NOTE TAKING** = **DURABLE LEARNING**

Divide your note taking space into sections:

- Capture Keywords Questions Vocab
- Record main ideas and important concepts in your own words
- Summarize your notes here later

**MIND THE GAPS**
When reviewing or revising your notes, identify gaps and work to clarify concepts. Ask questions, search the content, check with others.

**CREATE VISUALS**
Build tables to compare concepts
Map processes
Create a concept map
Draw diagrams
Construct timelines
Draw what you know from memory